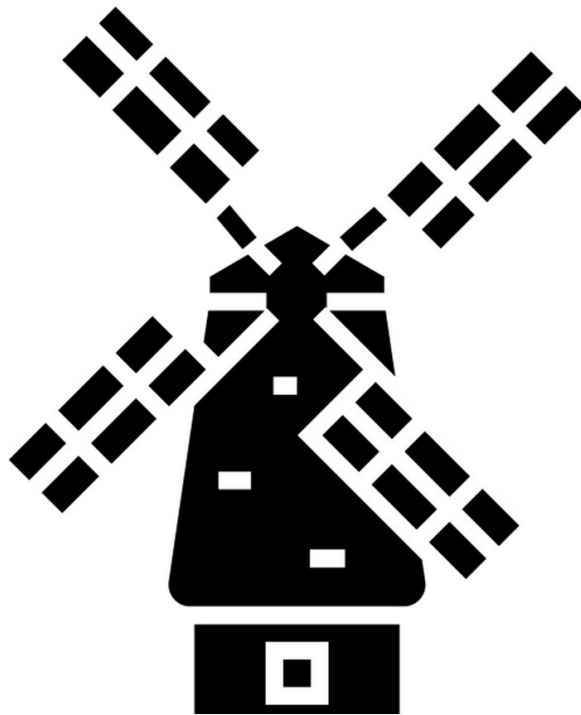


EVENT INFORMATION

Stevington12k

Three Village Run



WELCOME BACK

We are delighted to be able to welcome you back to our 38th annual 'three village' 12k.

The race committee would like to thank everyone who has helped make the Stevington12k possible again this year.




Have a great run and we look forward to seeing at the end enjoying some refreshments and food!

COVID-19

CODE OF CONDUCT

Evidence suggests that outdoor environments are significantly less likely to contribute to the transmission of COVID-19 than indoor environments and the Stevington 12k has the benefit of the following controls which we ask all runners and supporters to follow -











You must undertake a self-assessment for COVID-19 symptoms before travelling to the event. Please do not come to the event if you are showing any symptoms of COVID-19. We ask that no-one should leave home to if they, or someone they live with, has symptoms of COVID-19 currently recognised as any of the following:

-  A new, continuous cough
-  A high temperature
-  A loss of, or change to, their sense of smell or taste

Stevington 12k predominantly takes place in open space, unless using the toilet facilities or entering our Village Hall. Please follow the rules as may be instructed before entering the Village Hall.

All participants are requested to register online in advance, but a limited number of on the day registration will be available. As a result of both processes, we are able to accurately and quickly contact people in attendance on any given day in order to facilitate contacting tracing such as the UK's NHS Test and Trace programme if needed.

PLEASE ALL -

-  Wear a face covering as appropriate pre and post race.
-  Scan the venue QR code provided the NHS Test & Trace App on arrival.
-  Listen to the pre-race briefing information.
-  Minimise your interaction with race staff, volunteers and participants by being as self-sufficient as possible.
-  Do not swap your number or give your place to another participant because this will disrupt contact tracing as well as an understanding of any medical conditions.
-  Observe social distancing wherever possible.
-  Carefully consider your travel plans.
-  Be aware of your personal hygiene e.g., avoid spitting and nasal clearance.
-  Use your own hand sanitizer when possible.
-  Report any Covid symptoms experience soon after the even via the NHS Test & Trace app or via the NHS.

If you observe and respect the event code, social distancing and hygiene measures put in place by the race committee, risks to you and others will be kept to a minimum.

ON THE DAY INFORMATION

EVENT ADDRESS

Village Hall, Court Lane, Stevington, MK43 7QT.

TIMING

Race Day – Sunday 19th September

Race start time - 11am

On the day entry at Village Hall– 9.30am – 10.30am

PARKING

There should be ample free parking for cars and motorbikes at the event address in the playing field.

NUMBER COLLECTION

If you booked online, your numbers will be available in the gazebo the other side of the Village Hall. On the day entries will be given their number within Village Hall where you are required to register.

SAFETY PINS

Safety pins will be provided with your number. Please pin your race number to the front of your top.

TIMING CHIP

Your finishing time will be calculated based on your chip time - chip time starts when YOU cross the start line, not when the first runner does. Timing chips are disposable therefore they do not have to be returned.

TOILETS

There are toilets inside the Village Hall and 'portaloos' outside for use by all.

BAG DROP

A bag drop facility will be available inside the Village Hall.

HEADPHONES

The use of headphones is not permitted. It is important that you can hear what is happening around you, including any emergency services and marshal's instructions.

SUE RYDER CHARITY

Instead of medals for every finisher, this year we are donating to Sue Ryder and paying for a photographer.

COURSE MARSHALS

Volunteer marshals wearing high-vis vests will be positioned at regular intervals along the route and at key junctions and turning points. Please listen to any warnings or instructions they provide.

FIRST AID

The first aid post will be within the gazebo.

THE ROUTE

The race is a circular route, starting in Stevington and following the road to Oakley on to Pavenham and back to Stevington. See route map.

PHOTOGRAPHER

There should be a photographer on the route. Most likely on Oakley bridges. Photos will be available for free download.

WATER STATIONS

There will be a water station shortly after you pass Oakley Church and then another by the pub in Pavenham. See Route Map.

TIME LIMIT

There is no time limit or cut off for our race. We encourage runners of all abilities to join us in our race. However, if you are struggling you can hop in the sweeper car which will take you back to the finish.

RACE RESULTS

Results will be published on the Stevington 12k website (www.stevington12k.uk) shortly after the race.

Please do not approach any of the volunteers for your finish time or place.

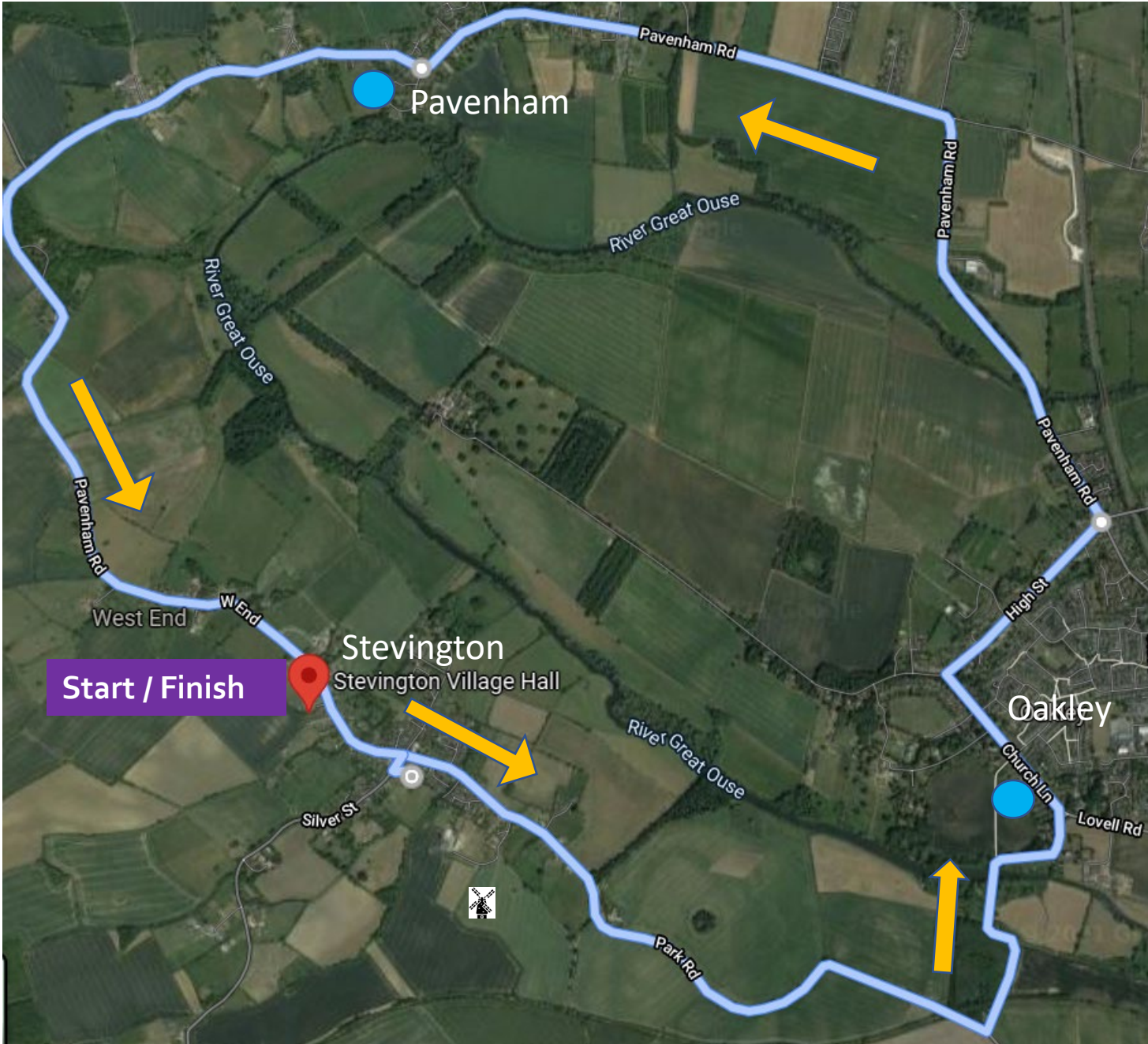
BAR, BBQ & REFRESHMENTS

There is a pay bar, BBQ, hot and cold refreshments and cakes for supporters and runners from 10.30am (a bit later for the bar) until everyone has gone home or there is nothing left!

COVID

Please adhere to current COVID code of conduct on the previous page. These are in place not only for your safety, but for the safety of everyone.

THE ROUTE



 Water Station

PARKING START & FINISH NUMBER COLLECTION FIRST AID

